NC STATE UNIVERSITY

Spring 2021 First Term Survey

Prior to Starting at NC State

These first questions ask about your experiences leading up to your first term at NC State. Please rate your level of agreement with the following statements.

NC State provided me with information or experiences to prepare me to start in the spring.
Strongly agreeSomewhat agree
Somewhat disagreeStrongly disagree
NC State provided me with information or experiences to make me feel a part of the campus community.
Strongly agreeSomewhat agreeSomewhat disagreeStrongly disagree
What information or experience would have been useful to you in preparing for the spring semester?

Spring First-Year Orientation

This question asks about your experiences at Spring First-Year Orientation.

What experiences or information could have been provided during Spring First-Year Orientation that would have helped ease your transition to college?					
Winter Welcome Week					
The following section of the survey asks you to think back on activities in which you might have participated during Winter Welcome Week at the start of the semester.					
Did you participate in any activities during Winter Welcome Week?					
○ Yes○ No					
Please describe any barriers that may have prevented you from participating in activities during Winter Welcome Week.					
In which type of events did you participate during Winter Welcome Week?					
Only in-person					
Only virtual					
O Combination of in-person and virtual					
Overall, how would you rate Winter Welcome Week in assisting you in your transition to NC State?					
Excellent					
○ Good					
O Fair					

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WI	hat did you gain from Winter Welcome Week? (Select all that apply.)
	Fun/Entertainment
	Made new friends
	Identified student organizations and activities I plan to explore
	Developed a greater sense of community with NC State
	Developed a greater sense of community with smaller social groups
	Understood more about college life
	Identified the skills needed to thrive in the classroom
	Learned my way around campus
	Met University faculty and staff
	Interacted with others who are different from me
	Gained an understanding of university expectations
	Other (please describe)
se	nse of community with fellow students.
WI	hat about your Winter Welcome Week experience was most impactful to you and why?

Based upon your Winter Welcome Week participation, what was missing from your Winter Welcome Week experience?				
Common Experience				
These next several questions ask about the Common Experience (CliftonStrengths for Students) for all incoming first-year students in spring 2021.				
Did you take the CliftonStrengths for Students assessment?				
Yes, I took the assessmentNo, I didn't take the assessment				
Even if you didn't take the assessment, it's possible that you've been involved in discussions about it. Please answer the following questions based on any such experiences you might have had.				
In the first two weeks or so of the semester, including during Winter Welcome Week activities, about how often were you involved in discussions about CliftonStrengths for Students?				
Everyday or almost everyday				
O 2-3 times a week				
O About once a week				
O Less than once a week				
O Never				

At the present time, how often are you involved in discussions about CliftonStrengths for

Students?

Everyday or almost everyday
2-3 times a week
O About once a week
C Less than once a week
O Never
With whom have you been involved in discussions about CliftonStrengths for Students? (Select all that apply.)
Other first-year students at NC State
☐ Upper-level students at NC State
Friends not attending NC State
Advisors at NC State
■ NC State faculty
■ NC State staff
Family members
In what situations or settings have you been involved in discussions about CliftonStrengths for Students? (Select all that apply.)
☐ During Winter Welcome Week programming
During formal programming specifically geared toward CliftonStrengths after Winter Welcome Week
During class
☐ In advising sessions
☐ In casual settings (e.g., over meals, in the residence halls, informal meetings)
☐ During meetings for clubs or organizations in which you are involved
During what specific class, course assignment, activity, or event did you discuss CliftonStrengths for Students? (e.g., ENG101, Exploratory Studies USC Courses)? (List all that you can recall.)

To what degree did CliftonStrengths for Students and follow-up activities contribute to a sense of community for you?
A great dealSomeA littleNot at all
Overall, how would you rate your experience with CliftonStrengths for Students?
Very goodGoodFairPoor
Transition Programming
What resources/information would you have liked to see available in the first few weeks/month of classes? (Select your top 3)
 Opportunities to connect with peers socially Opportunities to connect with faculty
More interaction with an academic advisor
Career/major exploration
Personal success opportunities (e.g., leadership, professional development, service, etc.)
Academic success skills (e.g., time management, stress management, note taking, test taking, etc.)
Academic support services (e.g., tutoring, supplemental instruction, etc.)
Finding a job at NC State
☐ Finding an internship or co-op
Getting involved at NC State

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Maintaining a healthy lifestyle as a student				
Opportunities to attend cultural events				
Opportunities to dialogue about current event	S			
Other (please describe)				
How would you be most receptive to finding	out about NC State resources and activities?			
(Select all that apply)				
— Empaile from your instructor	□ Til/Tal/			
Emails from your instructor	☐ TikTok			
Emails from your college/major	Snapchat			
Other university email communications (e.g., the HOWL)	Facebook			
Word of mouth from other students	Discord			
Word of mouth from mentors/upperclassmen	Reddit			
Word of mouth from professors, advisors, or staff	University calendar			
University websites	Get Involved at NC State (NC State student organization portal)			
Instagram	Signage around campus (e.g., banners, campus screens)			
☐ Twitter	☐ Tabling (e.g., in Talley Student Union)			
Academic Support Services				
The next three questions are about your pre support services.	ferences for delivery of virtual academic			
What time of day would you likely seek virtu	al academic support? (Select all that apply)			
8:00 AM - 10:00 AM	4:00 PM - 6:00 PM			
10:00 AM - 12:00 PM	6:00 PM - 8:00 PM			
12:00 PM - 2:00 PM	8:00 PM - 10:00 PM			
2:00 PM - 4:00 PM				

al academic s	support if it was	s offered on the w	eekend? (Select		
Morning	Afternoon	Evening	None		
Please select all types of virtual academic support formats that are appealing to you. (Select all that apply)					
		Support	Writing Support		
Academic Peer Mentoring (time management and study skills)					
Drop In Tutoring					
Tutoring by appointment - one-on-one					
Weekly tutoring appointments in a small group					
)					
	Morning D virtual acaden	Morning Afternoon	Course-Based Support ime management and study ne-on-one ts in a small group		

Campus Experiences

NC State provides many virtual support services to help students be successful. In the following section, you will be asked about your experiences at NC State thus far, and about how well you are adapting to college life.

Based on your responses to some of the questions in this section only, your answers and contact information may be shared on a limited basis with other NC State offices and a staff member may contact you to offer support. Other than that contact, your responses will remain confidential and will only be released in summary format. You do not have to answer any questions that you do not feel comfortable answering.

If you would like to be contacted by a NC State staff member regardless of your responses, you will have the option of requesting that contact at the end of the survey. Were you aware that NC State offers the following virtual services and programs? (Virtual services may be by appointment or drop-in)

	Yes	No
Club/organization meetings	0	0
Group fitness	0	0
Virtual office hours with faculty and staff	0	0
Academic advising	0	0
Counseling/telehealth	0	0
Informational events (e.g., guest speakers, workshops)	0	0
Social events (e.g., trivia nights, watch parties, crafts events)	0	0

How confident are you in your ability to:

	Very confident	Somewhat confident	Not very confident	Not at all confident
Find your way around campus	0	0	0	0
Use online course management systems (e.g., Moodle, WebAssign)	0	0	0	0
Contact an instructor (e.g. to ask for help or clarification of course concepts after class, attending office hours, etc.)	O	0	0	0
Cope with stress by identifying and implementing healthy stress relief strategies	0	0	Ο	0
Relieve or reduce homesickness	0	0	0	0
Effectively manage your time (i.e., balance work, class, social life)	0	0	0	0
Identify virtual tutoring support	0	0	0	0
	Very confident	Somewhat confident	Not very confident	Not at all confident
Find information and resources required for your academic work (e.g., textbooks, journal articles, books, etc.)	0	0	Ο	0
Properly cite sources to avoid plagiarism	0	0	0	0
Secure personal information and data on devices and online accounts	0	0	0	0

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	Very confident	Somewhat confident	Not very confident	Not at all confident
Protect your online reputation on social media	0	0	0	0
Identify virtual academic advising support	0	0	0	0
Identify at least one virtual NC State resource for personal/psychological/health support	0	0	0	0
Identify at least one virtual activity or group at NC State in which you might like to get involved	0	0	0	0
	Very confident	Somewhat confident	Not very confident	Not at all confident
Identify a group at NC State that supports an identity important to you (e.g., ethnicity, gender, religion, sexual orientation)	Ο	0	Ο	Ο
Connect with other individuals at NC State	0	0	O	0
Participate in leadership opportunities	0	0	0	0
Choose the right major	0	0	0	0
Graduate on time	0	0	O	O

How confident are you in your ability to use the following technology to complete your academic work?

	Very confident	Somewhat confident	Not very confident	Not at all confident	Not applicable
Virtual Computing Lab (VCL)	0	0	0	0	0
Website building tools (e.g., WordPress or Google Sites)	0	0	0	0	0
Video and audio creation/editing	0	O	0	0	0
Data analysis tools (e.g., Excel, Python, Tableau)	0	0	0	0	0

To what extent have the following disrupted your ability to complete your academic work this semester (e.g., participate in class, complete assignments)?

	A great deal	Some	A little	Not at all
Difficulty navigating technology platforms (e.g., Zoom, Moodle)	0	0	0	0
Insufficient internet connectivity	0	0	0	0
Technical issues with hardware/electronic devices	0	0	0	0
Lack of access to hardware/electronic devices	0	0	0	0

To what extent have you done each of the following during your time thus far at NC State?

	A great deal	Some	A little	Not at all
Connected with other new spring students	0	0	0	0
Connected with upper-level students to learn about NC State and activities (e.g., RA, village mentor, student organization members, etc.)	Ο	0	0	0
Used the university calendar to find engagement activities	0	0	0	0
Gotten involved in NC State activities (e.g., joined an organization, participated in virtual fitness classes, etc.)	0	0	0	0
Developed a relationship with a faculty member	0	0	0	0
Developed a relationship with a staff member (e.g., student organization advisor, career counselor, residence hall staff, etc.)	0	0	0	0
	A great deal	Some	A little	Not at all
Considered what you have been learning in your classes valuable	0	0	0	0
Connected with your academic advisor	0	0	0	0
Thought about or planned for your fall course schedule	0	0	0	0
Participated in virtual career planning activities (e.g., utilized career center services, explored career-related majors, explored internships or co-ops, created a resume, attended a career fair, etc.)	Ο	0	0	0

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	A great deal	Some	A little	Not at all	
Sought out academic assistance if it was needed with your school work	0	0	0	0	
Used virtual services offered by the Counseling Center (e.g. counseling, groups, presentations/workshops)	0	0	0	0	
	A great deal	Some	A little	Not at all	
Used Student Health Services	0	0	0	0	
Used virtual tutorial services at NC State	0	0	0	0	
Used the Libraries' resources and services (e.g., spaces, websites, books, articles, online help/workshops, etc.)	0	0	0	0	
Used Wellness and Recreation facilities, programs and services (e.g., group fitness classes, wellness coaching, intramural sports trivia and games, group fitness classes, outdoor adventures tips and resources)	Ο	0	0	Ο	

Would you like to receive an email with links to NC State resources that may be helpful for new students?

O Yes

O No

As a result of participating in virtual services and programs outside of class:

	Strongly Agree	Agree	Disagree	Strongly Disagree
I have a greater sense of community	0	0	0	0
I made connections with other students	0	0	0	0
I made connections with faculty/staff	0	0	0	0
I am more excited about being at NC State	0	0	0	0
I am able to more effectively manage stress	0	0	0	0
I am more aware of resources at NC State	0	0	0	0

What do you want NC State to know about your experience with virtual services and programs outside of class?

Think about a virtual experience at NC State this semester that made you feel connected or engaged. What was it about that experience that made you feel connected or engaged?

You noted that you have connected with other new spring students during your time thus far at NC State. What is the primary way you have connected with other students?

Residence hall

NC State events

Classes

Student organizations

Other (please describe)

Since arriving at NC State how often have you felt:

	0 1 11	0.51	0 "	Once in a	N.I.
	Constantly	Often	Sometimes	while	Never
Lonely/Isolated	0	0	0	0	0
Depressed	0	0	0	0	0
Overwhelmed	0	0	0	0	0
Highly anxious	0	0	0	0	0
				Once in a	
	Constantly	Often	Sometimes	while	Never
Very distressed	0	0	0	0	0
Bored	0	0	0	0	0
Concerned about financial issues	0	0	0	0	0
Academically underprepared	0	0	0	0	0
	Constantly	Often	Sometimes	Once in a while	Never

	Constantly	Often	Sometimes	Once in a while	Never
Concerned about family issues	0	0	0	0	0
That your major is not right for you	0	0	0	0	0
That NC State is not a good fit for you	0	0	0	0	0
What is the primary source of stress for you this semester?					
Academics					
Finances					
O Interpersonal relationship issu	ues with family,	friends, or	partner		
Mental health concerns					
O Physical health concerns					
Racial trauma - the cumulativ	e effects of rac	ism on a pe	erson's physical	and mental h	nealth
Other (please describe)					
I do not currently have a prim	ary source of s	tress			
In which of these areas has y pandemic? (Select all that ap		reased as	a result of the	: COVID-19	
Academics					
□ Finances					

Finances

Interpersonal relationship issues with family, friends, or partner

Mental health concerns

Physical health concerns

Racial trauma - the cumulative effects of racism on a person's physical and mental health

Other (please describe)

My stress levels have not increased as a result of COVID-19

About how many scheduled class meeting times have you missed this semester (total for all classes combined)?

O 6+

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For which of the following reasons did you miss scheduled class meeting times? (Select all that apply.)

Personal mental/psychological health reasons Internet access or connectivity issues Issues with hardware/electronic devices Needed to move off campus or to a quarantine/isolation location Personal or family issue Transportation/parking problems Travel Confusion about day or time Required event for your college/class Career-related event (career fair, job interview, info session) To participate in a student club/organization

Personal physical health reasons

Work on or off campus

Just didn't feel like going

Overslept/lack of sleep

Don't understand professor/don't like class

I don't need the class for my major/minor

To finish other academic work

Other (please describe)

Thank you for your responses to those questions! For the remainder of the survey, your contact information will not be shared with other NC State offices.

What have been your biggest struggles at NC State so far?

Attendance is not taken or does not influence my grade

What support do you think you need from NC State faculty and staff to be successful during your first year?	I
Please rate your level of agreement with the following statements.	
_eadership development is very important to me while enrolled at NC State.	
Strongly agree	
Somewhat agree	
Somewhat disagree	
Strongly disagree	
am aware of the leadership development opportunities that are available to me whil am at NC State.	le I
Strongly agree	
Somewhat agree	
Somewhat disagree	
Strongly disagree	
am aware of the leadership activities I can become involved in within my academic college.	
Strongly agree	
Somewhat agree	

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Somewhat disagree		
O Strongly disagree		
O I am in an exploratory program and not yet af Studies, Life Science First Year Program, etc.)	filiated with an acade	emic college (e.g. Exploratory
I am aware of my academic advisor's expect the University Academic Advising Guideline		
Strongly agree		
Somewhat agree		
Somewhat disagree		
O Strongly disagree		
I am aware of my academic advisor's <u>respo</u> the University Academic Advising Guideline		
Strongly agree		
Somewhat agree		
Somewhat disagree		
O Strongly disagree		
Are you registered to vote in the United State	tes?	
O Yes		
O No		
O Not sure		
O I'm not eligible to vote in the United States		
Do you feel like you have the information you in future elections?	ou need to participa	ate in the election process
	Yes	No
How to register to vote	0	0
How to update your voter registration to your new address	0	0
How to request an absentee ballot	\circ	0

	Yes	No
How to find your polling place	0	0
Information about candidates	0	0

Sense of Community

In this section, we'd like to know a little more about your sense of community with NC State. Think of the entire university as your community (virtual and physical). Consider not just your group of friends, but all students, faculty, and staff.

How important is it to you that you experience a sense of belonging or community in each of the following settings at NC State?

	Very important	Moderately important	Slightly important	Not at all important
With NC State overall	0	0	0	0
In formal organizations (e.g., student organizations, athletic groups)	0	0	0	0
In your academic college or major	0	0	0	0
In your residence hall	0	0	0	0
In your village	0	0	0	0
In small groups (e.g., with friends)	0	0	0	0

To what extent do you actually experience a sense of belonging or community in each of the following at NC State?

	A great extent	Some	A little	Not at all
With NC State overall	0	0	0	0
In formal organizations (e.g., student organizations, athletic groups)	0	0	0	0
In your academic college or major	0	0	0	0
In your residence hall	0	0	0	0
In your village	0	0	0	0
In small groups (e.g., with friends)	0	0	0	0

How well does each of the following statements represent how you feel about the NC State community?

Not at all	Somewhat	Mostly	Completely
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
	Not at all O O O O O	Not at all O O O O O O O O O O O O O O O O O O	Not at all Somewhat Mostly O O O O O O O O O O O O O O O O O O

How well does each of the following statements represent how you feel about the NC State community?

	Not at all	Somewhat	Mostly	Completely
I can trust people in this community	0	0	0	0
I can recognize most members of this community	0	0	0	0
Most community members know me	0	0	0	0
This community has symbols and expressions of membership such as clothes, signs, art, architecture, logos, landmarks, and flags that people can recognize	0	0	Ο	Ο
I put a lot of time and effort into being part of this community	0	0	0	0

	Not at all	Somewhat	Mostly	Completely
Being a member of this community is part of my identity	0	0	0	0

How well does each of the following statements represent how you feel about the NC State community?

	Not at all	Somewhat	Mostly	Completely
Fitting into this community is important to me	0	0	0	0
This community can influence other communities	0	Ο	0	O
I care about what other community members think of me	0	Ο	0	O
I have influence over what this community is like	0	0	0	0
If there is a problem in this community, members can get it solved	0	0	0	0
This community has good leaders	0	0	0	0
This community cares about civic engagement	0	0	0	0
This community will help me develop my leadership skills	0	Ο	0	0

How well does each of the following statements represent how you feel about the NC State community?

	Not at all	Somewhat	Mostly	Completely
It is very important to me to be a part of this community	0	0	0	0
I am with other community members a lot and enjoy being with them	0	Ο	0	0
I expect to be a part of this community for a long time	0	0	0	0

Straight

O Gay	
O Lesbian	
O Bisexual	
Questioning	
O I identify using a different term (please specify)	
O Prefer not to answer	
What is your race/ethnicity? (Select all that apply.)	
African American/Black	
American Indian or Alaska Native	
Asian	
☐ Hispanic/Latino	
☐ White/Caucasian	
Other (please specify)	
Please click below to submit your survey responses. <i>Note:</i> When you click Next, you will <u>not</u> ha the option to go back and change any earlier answers.	ve

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