

# NC STATE UNIVERSITY

## Spring 2023 First Term Survey

### Prior to Starting at NC State

*These first questions ask about your experiences leading up to your first term at NC State. Please rate your level of agreement with the following statements.*

NC State provided me with information or experiences to prepare me to start in the spring.

- Strongly agree
- Somewhat agree
- Somewhat disagree
- Strongly disagree

NC State provided me with information or experiences to make me feel a part of the campus community.

- Strongly agree
- Somewhat agree
- Somewhat disagree
- Strongly disagree

What information or experience would have been useful to you in preparing for the spring semester?

### Spring First-Year Orientation

*This question asks about your experiences at Spring First-Year Orientation.*

What experiences or information could have been provided during Spring First-Year Orientation that would have helped ease your transition to college?

## **Winter Welcome Week**

*The following section of the survey asks you to think back on activities in which you might have participated during Winter Welcome Week at the start of the semester.*

Did you participate in any activities during Winter Welcome Week?

- Yes
- No

Why did you not attend any activities during Winter Welcome Week? (Select all that apply)

- Scheduling conflict
- Events didn't seem interesting
- Didn't know it was happening
- Other (please describe)

Overall, how would you rate Winter Welcome Week in assisting you in your transition to NC State?

- Excellent
- Good
- Fair
- Poor

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What did you gain from Winter Welcome Week? (Select all that apply.)

- Fun/Entertainment
- Made new friends
- Identified student organizations and activities I plan to explore
- Developed a greater sense of community with NC State
- Developed a greater sense of community with smaller social groups
- Understood more about college life
- Identified the skills needed to thrive in the classroom
- Met university faculty and staff
- Interacted with others who are different from me
- Gained an understanding of university expectations
- Other (please describe)

Please describe how the events you attended provided you with an opportunity to form a sense of community with fellow students.

What about your Winter Welcome Week experience was most impactful to you and why?

Based upon your Winter Welcome Week participation, what was missing from your Winter Welcome Week experience?

## Common Experience

These next several questions ask about the Common Experience (CliftonStrengths for Students) for all incoming first-year students in spring 2023.

Did you take the CliftonStrengths for Students assessment?

- Yes, I took the assessment
- No, I didn't take the assessment
- Don't know/don't remember

Even if you didn't take the assessment, it's possible that you've been involved in discussions about it. Please answer the following questions based on any such experiences you might have had.

In the first two weeks or so of the semester, including during Winter Welcome Week activities, about how often were you involved in discussions about CliftonStrengths for Students?

- Everyday or almost everyday
- 2-3 times a week
- About once a week
- Less than once a week
- Never

At the present time, how often are you involved in discussions about CliftonStrengths for Students?

- Everyday or almost everyday

- 
- 2-3 times a week
  - About once a week
  - Less than once a week
  - Never

With whom have you been involved in discussions about CliftonStrengths for Students? (Select all that apply.)

- Other first-year students at NC State
- Upper-level students at NC State
- Friends not attending NC State
- Advisors at NC State
- NC State faculty
- NC State staff
- Family members

In what situations or settings have you been involved in discussions about CliftonStrengths for Students? (Select all that apply.)

- During Winter Welcome Week programming
- During formal programming specifically geared toward CliftonStrengths after Winter Welcome Week
- During class
- In advising sessions
- In casual settings (e.g., over meals, in the residence halls, informal meetings)
- During meetings for clubs or organizations in which you are involved

During what specific class, course assignment, activity, or event did you discuss CliftonStrengths for Students? (e.g., ENG101, Exploratory Studies USC Courses)? (Please list all that you can recall.)

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To what degree did CliftonStrengths for Students and follow-up activities contribute to a sense of community for you?

- A great deal
- Some
- A little
- Not at all

Overall, how would you rate your experience with CliftonStrengths for Students?

- Very good
- Good
- Fair
- Poor

### **Transition Programming**

What resources/information would you have liked to know more about in the first few weeks/month of classes? (Select your top 3)

- Opportunities to connect with peers socially
- Opportunities to connect with faculty
- More interaction with an academic advisor
- Career/major exploration
- Personal success opportunities (e.g., leadership, professional development, service, etc.)
- Academic success skills (e.g., time management, stress management, note taking, test taking, etc.)
- Academic support services (e.g., tutoring, supplemental instruction, etc.)
- Finding a job at NC State
- Finding an internship or co-op
- Getting involved at NC State
- Maintaining a healthy lifestyle as a student
- Opportunities to attend cultural events
- Opportunities to dialogue about current events

Other (please describe)

Would you like to receive an email with links to NC State resources that may be helpful for new students?

Yes

No

## Campus Experiences

**NC State provides many support services to help students be successful. In the following section, you will be asked about your experiences at NC State thus far and about how well you are adapting to NC State.**

Based on your responses to some of the questions in this section only, **your answers and contact information may be shared on a limited basis with other NC State offices and a staff member may contact you to offer support.** Other than that contact, your responses will remain confidential and will only be released in summary format. You do not have to answer any questions that you do not feel comfortable answering.

If you would like to be contacted by a NC State staff member regardless of your responses, you will have the option of requesting that contact at the end of the survey.

How confident are you in your ability to:

	Very confident	Somewhat confident	Not very confident	Not at all confident
Find your way around campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use online course management systems (e.g., Moodle, WebAssign)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Navigate MyPack Portal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Contact an instructor (e.g. to ask for help or clarification of course concepts after class, attending office hours, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cope with stress by identifying and implementing healthy stress relief	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Very confident	Somewhat confident	Not very confident	Not at all confident
strategies				
Relieve or reduce homesickness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify resources to assist in meeting my basic needs if necessary (e.g., food, housing, financial, and educational security)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Very confident	Somewhat confident	Not very confident	Not at all confident
Effectively manage your time (i.e., balance work, class, social life)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify tutoring support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Find information and resources required for your academic work (e.g., textbooks, journal articles, books, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Properly cite sources to avoid plagiarism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Secure personal information and data on devices and online accounts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Protect your online reputation on social media	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify academic advising support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Very confident	Somewhat confident	Not very confident	Not at all confident
Identify at least one NC State resource for personal/ psychological/ health support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify at least one activity or group at NC State in which you might like to get involved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify a group at NC State that supports an identity important to you (e.g., ethnicity, gender, religion, sexual orientation)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Connect with other individuals at NC State	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Choose the right major	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Graduate on time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How confident are you in your ability to use the following technology to complete your



academic work?

	Very confident	Somewhat confident	Not very confident	Not at all confident	Not applicable
Virtual Computing Lab (VCL)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Website building tools (e.g., WordPress or Google Sites)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Video and audio creation/editing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Data analysis tools (e.g., Excel, Google Sheets, Python, Tableau)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent have you done each of the following during your time thus far at NC State?

	A great deal	Some	A little	Not at all
Made friends with other students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Connected with upper-level students to learn about NC State and activities (e.g., RA, village mentor, student organization members, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Connected with a faculty member outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Connected with a staff member (e.g., student organization advisor, career counselor, residence hall staff, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Connected with your academic advisor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thought about or planned for your fall course schedule	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	A great deal	Some	A little	Not at all
Used the university calendar to find engagement activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gotten involved in NC State activities (e.g., joined an organization, participated in fitness classes, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Considered what you have been learning in your classes valuable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participated in career planning activities (e.g., utilized career center services, explored career-related majors, explored	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	A great deal	Some	A little	Not at all
internships or co-ops, created a resume, attended a career fair, etc.)				
Sought out assistance with your academic work, if it was needed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Used services offered by the Counseling Center (e.g., individual or group counseling, presentations/workshops)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	A great deal	Some	A little	Not at all
Used Campus Health Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Used tutorial services at NC State	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Used the Libraries' resources and services (e.g., spaces, websites, books, articles, online help/workshops, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Used Wellness and Recreation facilities, programs and services (e.g., group fitness classes, wellness coaching, intramural sports trivia and games, group fitness classes, outdoor adventures tips and resources)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

You noted that you have made friends with other students during your time thus far at NC State. What is the primary way you have connected with other students?

- Residence hall
- NC State events
- Classes
- Student organizations
- Other (please describe)

As a result of participating in services and programs outside of class:

	Strongly Agree	Agree	Disagree	Strongly Disagree
I made connections with other students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I made connections with faculty/staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more excited about being at NC State	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to more effectively manage stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more aware of resources at NC State	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Since arriving at NC State how often have you felt:

	Constantly	Often	Sometimes	Once in a while	Never
Encouraged	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Capable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Supported	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Respected	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Optimistic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Constantly	Often	Sometimes	Once in a while	Never
Lonely/Isolated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overwhelmed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Highly anxious	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Very distressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Constantly	Often	Sometimes	Once in a while	Never
Homesick	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Academically underprepared	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
That your major is not right for you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
That NC State is not a good fit for you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What is the primary source of stress for you this semester?

- Academics
- Finances
- Interpersonal relationship issues with family, friends, or partner
- Mental health concerns
- Physical health concerns
- Racial trauma - the cumulative effects of racism on a person's physical and mental health
- Other (*please describe*)
- I do not currently have a primary source of stress

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About how many scheduled class meeting times have you missed this semester (total for all classes combined)?

- 0
- 1-2
- 3-5
- 6+

For which of the following reasons have you missed scheduled class meeting times? (Select all that apply.)

- Personal physical health reasons
- Personal mental/psychological health reasons
- Technical difficulties (e.g., internet connection, hardware problems, etc.)
- Personal or family issue
- Transportation/parking problems
- Travel
- Confusion about day or time
- Required event for your college/class
- Career-related event (career fair, job interview, info session)
- To participate in a student club/organization
- Work on or off campus
- Just didn't feel like going
- Overslept/lack of sleep
- I don't like the class
- I don't need the class for my major/minor
- To finish other academic work
- Attendance does not influence my grade
- Other (please describe)

*Thank you for your responses to those questions! For the remainder of the survey, your contact information will not be shared with other NC State offices.*

What have been your biggest struggles at NC State so far?

What support do you need from NC State faculty and staff to be successful during your first year at NC State?

Please rate your level of agreement with the following statements about leadership development.

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Developing my leadership skills is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being civically engaged is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am aware of leadership development opportunities related to my academic college.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Recall the University Academic Advising Guidelines and Expectations (Advising Syllabus) when answering the following questions about advising.

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
I am aware of my academic advisor's <b>expectation of me</b> , their advisee.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am aware of my academic advisor's <b>responsibilities to me</b> , their advisee.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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## Sense of Community

*In this section, we'd like to know a little more about your sense of community with NC State. Think of the entire university as your community. Consider not just your group of friends, but all students, faculty, and staff.*

How important is it to you that you experience a sense of belonging or community in each of the following settings at NC State?

	Very important	Moderately important	Slightly important	Not at all important
With NC State overall	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In formal organizations (e.g., student organizations, athletic groups)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your academic college or major	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your residence hall	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your village	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In small groups (e.g., with friends)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you actually experience a sense of belonging or community in each of the following at NC State?

	A great extent	Some	A little	Not at all
With NC State overall	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In formal organizations (e.g., student organizations, athletic groups)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your academic college or major	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your residence hall	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In your village	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In small groups (e.g., with friends)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What can NC State do to improve your sense of belonging or community?

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How well does each of the following statements represent how you feel about the NC State community?

	Completely	Mostly	Somewhat	Not at all
I get important needs of mine met because I am part of this community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This community has been successful in getting the needs of its members met.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I have a problem, I can talk about it with members of this community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being a member of this community is part of my identity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I expect to be a part of this community for a long time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel hopeful about the future of this community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Members of this community care about each other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Personal Information

*This final section asks you to provide some demographic information about yourself. These questions are optional. The results of these questions help us better understand the experiences of our diverse campus community. Your individual responses to these questions are confidential and results are only reported in aggregate.*

How do you identify in terms of your gender? (Select all that apply)

Man

- Woman
- Cisgender
- Transgender
- Agender
- Gender fluid
- Genderqueer
- Non-binary
- Two-spirit
- Uncertain or questioning
- I identify using a different term (please specify)
- Prefer not to answer

How do you identify in terms of your sexual orientation? (Select all that apply)

- Heterosexual or straight
- Gay
- Lesbian
- Bisexual or pansexual
- Asexual
- Uncertain or questioning
- I identify using a different term (please specify)
- Prefer not to answer

Please click below to submit your survey responses. **Note:** When you click Next, you will **not** have the option to go back and change any earlier answers.