

## Goal Setting

### Theories/Models/Bodies of Research:

1. Bélanger, J. J., Schumpe, B. M., Lafrenière, M. A. K., Giacomantonio, M., Brizi, A., & Kruglanski, A. W. (2016). Beyond goal commitment: How expectancy shapes means evaluation. *Motivation Science, 2*(2), 67.
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  18. Tinto, V. (1987). *Leaving college: Rethinking the causes and cures of student attrition*. Chicago, IL: University of Chicago Press.
  19. Wachs, P. M., & Cooper, D. L. (2002). Validating the student developmental task and lifestyle assessment: A longitudinal study. *Journal of College Student Development*, 43(1), 124.

### Methods/Measures/Tools:

1. **Academic Motivation Scale** | <https://journals.sagepub.com/doi/pdf/10.1177/0013164492052004025>
2. **Beginning College Survey of Student Engagement (BCSSE)** (selected questions) <http://bcsse.iub.edu/>
3. **Case Study**  
Neuman, WL. (1994). *Social research methods: Qualitative and quantitative approaches* (2<sup>nd</sup> ed.) Needham Heights, MA: Allyn and Bacon.
4. **Ego Development**  
Holt, R.R. (1980). Loevinger's measure of ego development: Reliability and national norms for male and female short forms. *Journal of Personality and Social Psychology*, 39(5), 909-920.
5. **Learning and Study Strategies Inventory (LASSI)** | [http://www.hhpublishing.com/\\_assessments/LASSI/](http://www.hhpublishing.com/_assessments/LASSI/)
6. **Motivated Strategies for Learning Questionnaire (MSLQ)** <https://journals.sagepub.com/doi/pdf/10.1177/0013164493053003024>
7. **Patterns of Adaptive Learning Survey (PALS)** | [http://www.umich.edu/~pals/PALS%202000\\_V12Word97.pdf](http://www.umich.edu/~pals/PALS%202000_V12Word97.pdf)
8. **Self Assessment**  
Loacker, G. (Ed.) (2000). *Self assessment at Alverno College*. Milwaukee, WI: Alverno College Institute.
9. **Self-control Scale**  
Tangney, J.P., Baumeister, R.F. & Boone, A.L. (2004). High Self-Control Predicts Good Adjustment, Less Pathology, Better Grades, and Interpersonal Success. *Journal of Personality*, 72(2), 271-324.
10. **Work Preference Inventory**  
Amabile, T. M., Hill, K.G., Hennessey, B.A., & Tighe, E.M. (1994). The work preference inventory: Assessing intrinsic and extrinsic motivational orientations. *Journal of Personality and Social Psychology*, 66, 956.